



ORGANIZATIONS & STRUCTURES HELPING WOMEN

VICTIMS OF VIOLENCE DURING THE CONTAINMENT

⚠ Most of these services are only available in french

# Emergency numbers

- In case of danger : dial **17** to call the police, or the European emergency number **112**

**⚠ WARNING : if you are undocumented, look at the next page before filing a complaint**

- In case you cannot call or communicate through the phone, you can send a **text message at 114**. You can also reach them on their website : **<https://www.appel.urgence114.fr>**
- If you're facing domestic violence and you want to leave, you can call the **115** (emergency shelter).

**All of these services are free and accessible 24/7**

- You can also ask for help in any **pharmacy**, which will then contact the police right away.


# Information for undocumented women

- Every person who is a victim of violence has the right to call the police and to file a complaint, even if you are undocumented. At the police station, you have the right to an interpreter. ⚠️ **WARNING. Some police stations do not respect this right, there is a possibility that you might get arrested. Try to be accompanied by a member of an association when you go to the police station. This is nevertheless rare.**
- If the police station refuses to take your complaint, you can file a complaint to the Procureur de la République” at the Court “de Grande Instance” of the place where the infraction was committed : <https://www.service-public.fr/particuliers/vosdroits/R11469>
- You can call associations to get help, for all of these procedures :
  - Legal Aid from the **Cimade** for foreign women victims of violence on **Wednesday from 10am to 1pm and 2.30 to 5.30 at : 06 77 82 79 09**. You can leave a message
  - **Information Centers for Women and Family Rights (CIDFF)** continue their legal aid. Contacts in Ile de France [here](#) and in France [here](#).
- You have the right to an emergency shelter, even if undocumented. If you have to leave your housing urgently, you can call the **115**. Tell them that you are a victim of domestic abuse. ⚠️ **WARNING the 115 is overloaded, you have to call them several times.**

Two guides (in french) which summarize your rights : [here](#) and [here](#).

A video (in french) which explains your rights [here](#)

# Children and teenagers in danger

- In case of danger, call the emergency number : **17** or **112**.
- You are a child or a teenager and you are victim of violence ? You think a child is in danger or might be in danger? Call directly **119**, "**Hello children in danger**".
- You can also contact professionals from the 119 through the website :  
**<https://www.allo119.gouv.fr>**  
 **WARNING** : This form is NOT for emergencies.

**All of these services are free and accessible 24/7**

# Assistance and psychological support

- **3919** “Women violence information” : a free and anonymous hotline. Open from Monday to Sunday from 9am to 7pm.
- **0800 05 95 95** “Women rape information” (CFCV) : an anonymous and free hotline. Open from Monday to Friday from 10am to 7pm.
- **Online chat** of the organization “**En avant toute(s)**” : <https://commentonsaime.fr> anonymous and free. The chat is for young victims of gender-based violence. Open **7/7** from 9am to 7pm.
- **Online chat** of the **Ministry of Interior** : <https://www.service-public.fr/cmi> free and anonymous. You can get legal advices on your rights and the legal actions you can take. Open 24/7.
- “**App-Elles**” App: it allows you to alert and contact trustworthy people in cases of danger.

## Information & legal actions

- **Court services on domestic abuses** are maintained. It is possible to request a **protection order** (“ordonnance de protection”) with the online form.
- The **legal advice for family affairs** is maintained on Tuesday and Thursday from 9.30am to 11.30am. You can call them at : **01 44 32 51 37**.
- The **Paris Bar Association** holds a **free telephone hotline** for legal advice for victims of domestic abuses. You can call them from Monday to Friday from 9.30am to 12.30pm and from 2pm to 5pm at : **01 44 32 49 01** (*more information here*).
- The **Paris Bar solidarity** allows you to ask free legal advices to lawyers through this online form.
- **Information centers for women and families’ rights (CIDFF)** continue to ensure legal aid (*you can find their contact information in our bio*). Contacts in Ile de France here and in France here.

# Termination of pregnancy, birth control, and sexuality

In this period of containment, the termination of pregnancy is considered as an emergency care.

Access to medicine for termination of pregnancy was extended to 9 weeks.

Women who want to continue to have access to their birth control pill without having to take a doctor's appointment by using an old prescription.

- For all questions related to birth control, termination of pregnancy, and sexually transmissible infections and diseases, you can call the **Planning Familial : 0 800 0811 11** (free and anonymous), from Monday to Saturday from 9am to 8pm.
- Some departemental associations of the **Planning Familial** still hold telephone hotlines. You can find all the info in [this map](#).

# Specialized hotlines

- **SOS forced marriage** (SOS mariages forcés): accessible at **01 30 31 05 05** or at [contact@sos-mariageforce.org](mailto:contact@sos-mariageforce.org). Monday, Tuesday and Friday from 10am to 1pm and 2pm from 5pm.
- **AVFT** (violence against women at work): accessible at **01 45 84 24 24** on Monday from 2pm to 5pm, and Tuesday and Friday from 9.30am to 12.30am
- **SOS Homophobia** (SOS Homophobie): their online chat is available 7/7 from 6pm to 8pm.
- **Jasmine Project** (Projet Jasmine) support and advices for sex workers. Available at **07 60 22 54 84** or by email at [jasmine@medecinsdumonde.net](mailto:jasmine@medecinsdumonde.net)
- The **Cimade** offers free legal aid for foreign women victims of violence at **06 77 82 79 09** on Wednesdays from 10am to 1pm and 2.30pm from 5.30pm.

**Important** : Residents permits (titres de séjours) and receipts (récépissés) are extended for a period of 3 months during the containment.

[More information on the administrative procedures here](#)



## Other available resources

- For victims of domestic abuse, organisations from the **National Federation of Women Solidarity (FNSF)**, are still active : hotlines, help with emergency shelters ... You can find all the information [here](#).
- In Ile de France, the center **Hubertine Auclert** listed all the **projects and NGOs for victims of domestic abuses still active during the confinement.**
- The **city of Paris** created a list of all the **projects and NGOs still active for women and children victims of violence.**
- The **association #NousToutes** created a [document](#) with all the **contacts of the local and national associations** still active during confinement to help women and children victims of violence



Take care of yourself, **you are not alone**, you are brave, and you are never responsible of the violence committed against you. We are with you, **we believe you**, and we send you all our strength, our sorority, and our love.



Illustration : Celeste Wallaert  
@celestewallaert